

**Shri Govindprabhu Arts and Commerce College,
Talodhi (Balapur), Dist. Chandrapur**

Session 2022-23

Best Practice: 1.

1) Title Of the practice

“Fifteen days Free Summer Football Coaching Camp”

2) Objective of the Practice

- * To awareness about International Game Football among the village student.
- * To provide the opportunity of village student to earn the knowledge about football skill.
- * To prepare the good players for nation.
- * To develop the self confidence and leadership through coaching camp.
- * To empowered the girls through free coaching camp.
- * To create the physical fitness and good health.

The Context:-

The college is located in small village area. The maximum student is living with below poverty line. Agriculture is the source of income of the students. They are unable to provide the money to the good coaching at games and sports. Football is the today unknown games for village college boys and girls. Hence the college was decided to organize the free football coaching camp for village poor boys and girls.

The Practice:-

The Physical education department of our college was organised a “Fifteen days Free Summer Football Coaching Camp” for boys and girls. The various student were participated in this coaching camp. This coaching camp was inaugurated on 03/05/2023. Dr. A. B. Ray Director of physical education was appointed as a coach. During this coaching camp the student are involved in various programme. Through this coaching camp we are adopted the various training methods for prepare the village students about football game. To training the basic and fundamental skill of football in this coaching camp. The students are on the various knowledge about football games through this coaching camp our moto is to aware the village students about football game. It's a great opportunities to serve the continuity work for college.

The coaching camp was concluding on 17/05/2023 successfully and various boys and girls students are actively participated in this camp.

Evidence of success:-

At first aim is to organise this coaching camp to organise a camp without any cost as community service and create the atmosphere and interest about football game of village students. The department of physical education should invite the students of various colleges through letters. And publicity through news paper. Prepare the application forms and filling by the students about information and after finishing the coaching camp, a feedback was collected from all students for evolution of coaching camp. Everyday attendance was compulsory for players and its taking in one register as evidence paper publish and photographs was main evidence of this coaching camp.

Success:

The students of this coaching camp where participate in various school and college tournaments the students are totally prepared for football games and students are participate in national University and state University football tournaments after attending of the 15 days coaching camp of our college.

Problems encountered and resources required.

1. Village students are totally unknown about football game.
2. They are lack of fitness about playing football.
3. Less interested about game and sports
4. Lack of motivation from parents
5. Lack of discipline
6. Necessary to organise the coaching camp for better prepared of football players.

Best practice: 2

1) Title

One day workshop on “Effects of drugs addiction in students”.

2) objective of the practice

- * To create the awareness of students regarding drugs addiction.
- * To create the awareness about effects the drugs on human body.
- * To motivate the addicted students free from drugs.
- * To aware the students regarding remedy from this bad habits, aware the students regarding remedies from this bad habits.
- * Try to prepare the drugs free society.

The context:-

The maximum students in the in this college are belongs to very poor family and involved in agriculture work. Students are lack of knowledge about, drugs addiction and its effects. We are trying to remove the habits of students and free from drug addiction in our college through this workshop. All students and staff members are actively participate in this one-day workshop.

The practice:-

The physical education department was organised one-day workshop on effects of drugs, addiction in student on 11 April 2023 at 10.00 AM inviting Mr. Sanjay Lade, Counsellor of Sanjivini drugs, addiction and rehabilitation centre, Talodhi (Balapur) for delivered the speech about drugs addiction and it’s remedy. Various students and staff members are actively participated in this workshop of Rangoli. Competition was organised on the theme “Drugs addition and its effect in students”. The students were actively participated in this competition.

Evidence of success:-

The main aim of this workshop is aware the students about drugs addiction and free from drugs addiction. The evidence are collected they are following: the attendance of students and staff members, various photographs are available of this program and the news publish in newspaper to aware the community, and students, community work preserving the photographs of A Rangoli competition as evidence and awareness of students regarding drug addiction.

Success:-

After the organising this programmes, various students and staff members are try to cope up this bad habits of drugs and they are totally free from drugs. The college discipline committee are minutely observed this matter and success to control this bad habits among the students and staff.

Problem, encountered And resources required:-

Some students are habitual of Tobacco and Kharra or Ghutka lack of knowledge about effects of drugs, no knowledge about remedies to control about drugs addiction. Required to various skill base drugs awareness programme in college campus for remove the bad habits among the students.

Best Practice- 3

1. Title of the Practice

Workshop on “Health Problems and Remedies of Adolescent Girls”

2. Objectives of the Practice

To aware about health problems and remedies among the adolescent girls in the college.

3. The Context

Our college situated in the rural area in Chandrapur District and majority of the people of this area are very poor and labour by the profession. They are leaving their home for long time and they living in different-different area. But their children are living alone in the house and they are facing various health problems especially in girls, because of lack of awareness and knowledge. Hence, our institution’s Women Study Cell decided to organize a workshop on Health problems and remedies of adolescent Gils.

4. The Practice

In order to create awareness among the Girls Students of the institution, institution conduct various awareness activities in every academic year. This academic year we are organized workshop on Health problems and remedies among the adolescent girl’s students of the college. This activity was organized by the Women Study Cell of the college on 03 September 2022 at 10.00am at the college multipurpose hall. In this workshop, college invited Dr. Uzama I. Sheikh, Medical Officer as a resource person. In this workshop Dr. Uzma Sheikh was discussed on various health issue and problems of the girls and remedies of the problems. 96 girls student were attend this workshop and got benefited.

5. Evidence of Success

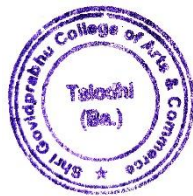
Our main moto to aware girls about their various health problems and remedies and it is very helpful for the girls’ students of the institute. The evidence of the activity are various photograph and Newspaper cuttings.


6. Problems Encountered and Resources Required:

As rural area of the institution and most of the students are belongs to very poor and labour background. Hence, maximum girl students are not aware about various diseases. Their parents are away from the home in various area for long time. Hence, there is no one to care or guide to them. So, Its required to organized awareness program for the various health disease and remedies.

7. Notes (Optional)

The best practice of fostering social responsibility brought our students in close contact with the community. The students became aware of the importance of work culture, labour, the problems and difficulties faced by the villagers. The girls' students became aware of the various health issues in especially girls through this activity.




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